# Release Date 03-01-13



# The Lancaster Kennel Club

- Newsletter -

We still need volunteers for Celtic Classic and the Red Rose shows. Please Contact me 717-938-9912 or <u>cjestarkey@msn.com</u> or Tammy Selka <u>promgsp@aol.com</u>

#### President's Message:

Hello To All!

I am hoping this finds each of you well and ready for the early Spring that Punxsutawney Phil promised us!

I know each of us have so much going on in our personal lives ... and it is a huge tribute to each of you that we find time to come together throughout the year to support something close to all our hearts, PUREBRED DOGS! Our love for our canine family members is something we all have in common, whether it is confirmation, obedience, agility, or the many other activities we enjoy sharing with them. The point is ... they add so much to our lives. We, as a kennel club, go out into the world throughout the year and share our knowledge and experience with so many folks, some who have never been able to have a pet as a child ... or some who are needing to find another canine family member to add to their family. Whatever the situation, it is always a heartwarming experience to see people learn and grow, and you should all be proud of your participation in these accomplishments throughout each year!

We have a few members who have not sent their dues in yet. Please try to get this accomplished ASAP, as we will be getting our new roster out very soon.

March will be here very soon, and our Celtic Classic will be held at the York Expo, March 13<sup>th</sup> - 17<sup>th</sup>. We will be looking for volunteers. This 5-day cluster is supported by a group of Kennel Clubs and is our major club profit-making venue. Each Kennel Club is required to supply their fair share of volunteers ... it is a mandatory part of our agreement with the other Kennel Clubs. Please find some time during these 5 days to help out ... whether it is for the entire day or just a few hours ... we really need your help. We are supposed to have volunteers each day, so any day you can help will not only be very much appreciated ... but is VERY much needed!!

Remember ... our Christmas Party is free to all volunteers that meet the requirements. I will be sending out a list of all the club items that can be purchased at 50% off ... by meeting those same volunteer requirements. These are incentives to boost our volunteerism, but they are great items in their own right!

I will be at the Celtic Classic each day ... so please let me know how things are with you, if you see me. I would especially appreciate any suggestions you might have for the upcoming year, and our Newsletter. See you soon, Barry

Barry L. Brunner President / Lancaster Kennel Club

#### • From the Editors:

As you may all know I am new to the LKC and new to dogs in general. I bought my first dog, Carl the Norwich Terrier last year. My interest in dogs came from my father. He grew up with dogs, mostly Schnauzers. My dad studied a lot in his youth and in college majoring in biology and physical therapy. In dog fancier magazines of the 60's and 70's, my dad always saw adverts for specific dog foods but found an equal amount of advertisements promoting feeding a dog naturally. Feed the dog table scraps and such. So with my father's background in biology, he trusted the nature of a dog, the nature of dogs as carnivores!

In my editor's words, I'd simply like to contribute a promotion to feeding one's dogs naturally, as my father taught me. "If a dog was out in nature, would it eat fruits and forage for berries? No. It would eat other animals", says my dad laughing. So allow me to site his research as well as an article I've found through Dogs Naturally Magazine.

I have come to find that more and more dogs suffer from bloat now a day. Even small dogs like terriers have been known to suffer from forms of bloat. And dogs that are fed processed foods are apparently 5x more likely to suffer from bloat than dogs that eat a, mainly, natural meal. Bloat results in a twisting of the stomach where gas builds up. Bigger dogs are known to be the most common candidates of bloat. But feeding a dog more naturally, as a carnivore, may alter its chances of developing bloat.

In the article I am citing, it lists a few things to help prevent the onset of bloat. One being 'avoid grain-based pet food and ideally any kibble.' Dogs are meant to digest protein! With the dog's naturally acidic PH level it has a natural predisposition to resist bacteria of sorts, but not grain. It was found that during digestion, kibble turns into a "porridge-like" consistency. Therefore making the dog's muscles not work as hard to break down and digest food. And with weak muscles one's dog may build up gas and lead to bloat.

I feed my Norwich and grain free food. But I do it in very small portions and feed him right off the dinner table. Whatever I eat, he eats. Within reason of course... I eat a lot of protein and meats. Which leads me to the next point of feeding one's dogs 'the right raw bones'. It was found that feeding a dog poultry, lamb, or other small size raw bones make the stomach wall and muscles stronger and prevent distention. Besides that, we all know the benefits of the rich bone marrow found in bones, which dogs work at for some time to eat.

But, 'be careful about feeding fruit with protein.' I never feed my dogs fruits, but some dog breeders swear by it's alleged benefits. But if you do so, it should never be fed with the protein meal because fruits and proteins are digested differently. It doesn't take long to digest fruit. Fruit ferments if it lingers too long. Feed fruit at least one hour before a meal and four hours after meals.

Always, always, 'exercise' your dogs. Dogs in the wild are constantly on the move. But as this article states, it is best if one does not exercise their dog after it eats. Dogs are always bouncing and hopping. With a full stomach, this could lead to problems.

'Provide the right nutrients'. By request of my breeder to honor the health guarantee she provided, I am required to feed my Norwich terrier one vitamin a day.

Lastly the article states that it is important to 'ensure good spinal energy flow'. The spine is the major pathway of the body. Dogs that have poor lumbar support have been know to exhibit stomach problems. The body of both humans and dogs are made up of many parts, but together they must work as one. A spinal problem is a major leading cause of stomach related issues.

In conclusion, I'd like to write that I advocate feeding protein foods, and table scraps. Man first started feeding wolves bones and scraps to tame them. Why is it any different now? Times have changed, I know. My dad, raised in the 60's read that dogs should be fed naturally. He and the neighbor kids had dogs, mutts and purebreds. All were feds naturally and all fed table scraps. All said dogs lived to the age of at least 15 years. Coincidence? Maybe, but read this article and find out for yourself. Thanks!

Bradley J. Frisbie

\* http://www.dogsnaturallymagazine.com/prevent-bloat-in-dogs-naturally

#### Reminders: Upcoming Shows, Meeting

March 12-17 Celtic Classic Dog Show -

A five-day cluster of shows including the Lancaster Kennel Club, York Kennel Club and the Delaware County Kennel Club <u>http://www.thecelticclassic.com</u>

April 27 Shop for a Cause

May 12 Red Rose Classic See last page of this newsletter for Trophy Donation Form Sept 1 Annual Fall Match The 2013 Flyer will be available soon. The 2013 Entry will be available soon

#### **General Meeting**

Second Wednesday of even numbered months 7:00 P.M., Park City Mall Community Room Second floor above Kohl's, Lancaster, PA

#### **Board Meetings**

First Monday of odd numbered months 7:00 P.M., LANCASTER LIEDERKRANZ

#### **Other Events**

A full listing of events can be found at

AKC http://www.akc.org/events/search/index.cfm

Rau Dog Shows http://www.raudogshows.com

MBF http://www.infodog.com



• From our Show Chairs:

# Celtic Classic Dog Show – March 12 - 17

• We are in need of volunteers for the CC dog shows. Please show your support for the Your club and it's copartners and volunteer to help one or more days during the show. We need people all 5 days. Whether you like to help in obedience or conformation we need you. Please contact either Cindy Erb-Starkey at 938-9912 or Tammy Selka at 371-1945. Please remember the success of our club and events hinges on the participation of our members. Positions are available in obedience stewarding, running beverages to the vendors and ring tables in the am, catalog sales, admissions table and education table. We also need someone to monitor and sell catalogs at Memorial Hall (where the specialties are being held).

# Lancaster Kennel Club

71<sup>st</sup> Annual All Breed Dog Show and Obedience & Rally Trial

# The Red Rose Classic Dog Show

Sunday, May 12, 2013 Lebanon Valley Expo Center 2120 Cornwall Rd. Lebanon

Just 25 Minutes north on route 72 from Lancaster Show Hours 7:00 am to 8:00 pm

For more Information please contact: CathyAnn Litwin 717-951-3304

rockbck@aol.com



Secretary's Report:

#### Lancaster Kennel Club, Inc. Minutes General Membership Meeting

Abbreviated meeting held on December 12, 2012, Holiday Party, at Lancaster Leiderkranz, 722 S. Chiques Rd., Manheim, PA

Call to Order and Welcome: 7:05 p.m. by President Barry Brunner

Introduction of Guests: Ed Starkey, Tom Mahoney, and Jim Mosca

There were 26 members in good standing and three guests attending.

#### Secretary's Report: Deb Bush, absent

Minutes of November, 2012: Motion to pass the minutes as published. Moved by Penny Sleeth; seconded by Pete Byrne. Motion carried. Correspondence: No correspondence

# Treasurer's Report: Sue Bullitt

Financial Statements: Motion to accept as printed. Moved by Pete Byrne; seconded by Audrey Metro. Motion carried.

**AKC Delegates Report**: No report. Carolyn Vack is attending the Delegates' meeting in Orlando.

**Committee/Event Reports**: No reports; new reports will resume at the next meeting in February 2013.

**Unfinished Business**: Unfinished business will resume at the February 2013 Membership Meeting.

# New Business:

Membership application of Rachel and David Martin was presented to the membership with board recommendation to approve. Motion to approve membership was made by Pete Byrne; seconded by Penny Sleuth; passed unanimously.

Motion to Adjourn by Ann Byrne; seconded by Pete Byrne; motion passed unanimously. Meeting adjourned at 7:11 p.m. The Chinese Gift Exchange completed the evening program, moderated, by Gail Hillard.

Respectfully submitted on behalf of Debby Bush, Secretary Ann Byrne, Vice President

• Treasurer's Report: - The Treasurer reports will continue to be in the Members area only

AKC Delegate's Report: Lancaster Kennel Club, Inc.

# December 13 and 14, 2012

# From the All Breed Committee, December 13

- 1. From the Obedience, Tracking and Agility subcommittee-3500 invitations sent out to join the elist- 245 actually signed up
- 2. On line library resource project- disaster preparedness link is up. Submissions for inclusion are sent to subcommittee for review and then uploaded to the library once approved.
- Opt-in program for newly registered owners- local club information is provided to owners of newly registered dogs. Clubs are encouraged to participate in the program and keep websites updated. 900+ clubs participating
- 4. Owner Handler series was successful- rankings are viewable on line-program to be expanded
- 5. There was much discussion on the issue of territorial exclusivity. Currently 1 show every 2 years assures exclusivity for club territory.
- 6. Show cancellation/emergency insurance is available for dog shows through Showstoppersterms vary depending on the coverage elected. Contact info 800-432-7465.

# From the Coordinating committee

- 1. From rules committee-Ribbons now only need to include the AKC logo, club name and placement. The date of the show is no longer required
- From OTA commttee- Agility entries up 10.5%, Obedience up, rally down. Overall increase 9.2%

Rally- can be held within 1 year of obedience trial-request was made to consider increased judging time for new classes. Question raised about trial secretary being allowed to show-majority opinion was "no". Participants allowed to move fro A to B.

3. From Parent Club committee-Breeder of Merit program being discussed.

Moratorium on jump height change was lifted.

159 breed clubs represented at Meet the Breeds at Eukanuba.

1200 CGC title applications last year

Parent club titles will now be included in catalogs.

# From the Delegates Meeting December 14

The meeting was preceded by a question and answer period for the Board of Directors candidates: Nominations: Carl Ashby III, Alan Kalter, Gail Laberge, Harvey Wooding

Write ins: Lee Arnold, Judith Daniels, and Dr. Thomas Davies

Introduction of Dian Chan and her video "This is Zephyr"

Presentation of recognition medallion to Mary Dukes-AKC rep for her response at the NC dog show where the exhibitor had a heart attack-she is credited with saving his life.

- 1. New Club- Salisbury North Carolina Kennel Club was approved
- 2. Eukanuba statistics- 30 % of entries in the BBE class 2013 will offer a breeder workshop
- 3. COO John Lyons retiring- Daryl Hendricks, the new COO was introduced
- 4. AKC Humane Fund- founded in 2007 501C3- self sustaining- \$200,000 dispersed to parent rescue, shelters, and disaster relief scholarships of \$10,000. \$1,000,000 raised to date.
- 5. Sandy Relief Fund- \$90,000 raised; Eukanuba assisted with the donation of 44,000 tons of dog and cat food. All application for relief were awarded.
- 6. Radio spot announced by Lee Arnold- Crystal Gayle will donate her services for an AKC spot highlighting donations to women's shelters that accept people and pets.
- 7. Meet the Breeds at Javits Center- 100 vendors, 183 breeds represented, 50 media outreach New York parade- 1 million spectators
- 8. Mr. Farnsworth, CFO presented financial data- November revenue + \$100,000. YTD revenue is down, but operating profit if up 2.2%. Investment gains up 6.6%
- 9. Litters and individual registrations are down.
- 10. PAC 80 candidates were supported and 70% won. 25 states benefited.
- 11. First reading of three by-law or regulation changes:

Article III Objects of the Club- Add "to advance canine health and well being" Article IV- add "agility trial" to venues that a club can hold to be eligible for membership in the AKC

**Article XVIII**-amendment to change the number of delegate meetings from 4 to 3 per year. Lifetime achievement awards were presented to:

Conformation- Pat Trotter Companion events- Sharon Redmer Performance- Jean Dieden DVM

# Of Interest:

# How Reliable is Your Pet Food Manufacturer?

Gloria vonZech

It has been difficult for pet food buyers.

July 2011 saw Natura settle a 2.15 million dollar class action suit that alleged that they had misrepresented the quality of their ingredients by using statements such as *"We only use ingredients that you would use yourself"* and *"human grade dog food"* in their advertising.

In November 2011, Pedigree won a suit by arguing that the complainant "*should not have believed the claim of the light-hearted ad as it was mere puffery*" even though Pedigree's TV ad clearly stated that their Jumbone <sup>TM</sup> product is "the long-lasting chewy treat," and shows a small dog giving up after failing to polish off the chew.

Also in November 2011, the Food and Drug Administration issued a warning letter to Hill's Pet Nutrition calling marketing claims on its Healthy Mobility Diet <sup>TM</sup> a direct violation of the FD&C act. Saying "*Tested nutrition to enhance active mobility in just 30 days,*" and "*Improved joint flexibility in just 30 days,*" The FDA felt the marketing of this Science Diet product infers that it can treat or mitigate joint disease - which either classify the diet as a drug if true, or patiently misleading, if false. The letter (which can be viewed at <u>http://www.fda.gov/ICECI/EnforcementActions/WarningLetters/ucm281270.htm</u>) goes on to say that the "*FDA has significant concerns about the promotion of other pet foods marketed by your (*Hill's Pet Nutrition) *firm.*"

So ... how reliable is YOUR pet food manufacturer? Think you can tell?

# You Can't Tell From the Labels!

From analyzing trends, to emotionally profiling target customers, to psychologist-managed focus groups, pet food manufacturers spend a bundle on packaging and design. It is a standard that 10% of every dollar spent on the retail level is directly attributable to packaging. Despite this monetary outlay (and contrary to all the beautiful pictures and verbiage!), there are only three sections on the pet food label that actually any warrant consideration - and even these can be tricky! They are the Ingredient Panel, the Guaranteed Analysis Panel, and the Feeding Guidelines.

# The Ingredient Panel

By law, the Ingredient Panel must list all ingredients in the diet by decreasing weight and using terms as defined by AAFCO (American Association of Feed Control Officials). Thus, the "heaviest" ingredients appear first with those weighing least, appearing last. On the surface, this is a good thing, but it can also be deceptive. By law, ingredient weight is taken prior to cooking (extrusion or baking) and is inclusive of the water-weight of wet ingredients. Thus, whole meats, which often lead the Ingredient Panel and contain approximately 80% water, are, in reality, a much smaller portion of the finished product once the water has been evaporated off during the cooking process.

Further, though ingredients are given strict definition, the Ingredient Panel can only clarify general makeup, form or process method of the included ingredient. Due to current labeling regulations, it can give no information as to the bio-availability, digestibility, quality or grade of the stated ingredients - and these can vary widely. In fact, foodstuffs considered "feed-grade" ingredients and "pet-grade" ingredients and "human grade" (actually, the correct term is "human edible") ingredients prior to inclusion, all have the same AAFCO definition! While it can be stated that inexpensive pet foods use inexpensive ingredients (for example, "feed-grade" ingredients), it cannot be assumed that costlier foods use ingredients of higher quality. Can you be sure they are putting their money in the pet food bag rather than on it? Another possible deception contained in Ingredient Panels is the use of "ingredient splitting." To make an ingredient appear less prominent in the Ingredient Panel, the ingredient is broken down into its component parts and the component parts listed by weight as separate entities. A good example of this is one pet food manufacturer's Ingredient Panel which lists ground rice, rice flour, and rice bran as their second, third and fourth ingredient. Taking these in aggregate, and using the combined weights of these ingredient components, it would not be a stretch to say that rice is actually the first ingredient in this particular diet! (And no, we won't tell you who it is! You just have to start reading labels!)

# The Guaranteed Analysis

All pet food labels are required by law to have a Guaranteed Analysis statement to advise the purchaser of the product's nutrient content. At the very basic compliance level, guarantees are required for minimum percentages of crude protein and crude fat, and maximum percentages of crude fiber and moisture. Thus, the crude protein and crude fat must be NO LESS THAN the stated percentage on the label, while the crude fiber and moisture must be NO MORE THAN the label declaration.

Crude protein measures the total nitrogen content within that product. Crude protein measurements include nitrogen from proteins as well as from non-protein nitrogen. Crude protein differs from a true protein measurement that quantifies actual protein content and excludes non-protein nitrogen. Therefore, current pet food labels that inform you of *crude* protein rather than *true* protein content do not accurately reflect the nutritive value of the food - something all pet owners became acutely aware of during the melamine recall where the melamine was used to boost the nitrogen content of pet food ingredients and, thus, boost perceived protein content.

"Crude fat" is the term used to refer to the mixture of fat-soluble material present in a pet food. Of these fats are highly digestible (dogs and cats - any carnivore - digest animal fats easily!), some are not (vegetable oils, for example!). As with the Guaranteed Analysis declaration for protein, the Guaranteed Analysis declaration for fat must be considered in conjunction with the Ingredient Panel. Do the ingredients support the analysis? Further, are they actually nutritive?

So we've covered Protein and Fat - the food components required *by law* to be represented on pet food packages. But pet food is made up of Protein, Fat, **and Carbohydrates**. What about them?

Carbohydrates do not appear on the pet food label because dogs and cats do not require them - yes! You read that right! Dogs and cats do not require carbohydrates in their diet! As carnivores, they are perfectly adapted to using the metabolites of protein and fat to produce all the glucose they need - without taking in additional sugars in the form of "carbohydrates!"

While some may argue that it was lobbying by the pet food manufacturers that left Carbohydrates off the Guaranteed Analysis (they just didn't want you to know how much totally unnecessary ingredient was included in the food!), others point out that, due to manufacturing issues, it was necessary - they needed something (grain, potato, etc) to bind the kibble together. Luckily, this manufacturing obstacle has been overcome and, while Carbohydrate content isn't mandated by law to appear in the Guaranteed Analysis Statement, it is easy enough to calculate.

Together, the protein, fat, ash, carbohydrate and water content must account for roughly 100 percent of the total weight of any dog food. (Ash is as its name implies - the non-combustible mineral residue that's left over after burning away all the protein, fats and carbohydrates - and usually measures between five to eight percent of the finished product. This is an industry standard.)

Subtract the reported protein, fat, water and ash percentages from 100 percent. The remainder Carbohydrate content in that dog food as a percentage of the whole (Remember, do not subtract out the Fiber! Fiber is a Carbohydrate!).

Example using a Popular Grain-Free Pet Food:

Crude Protein 25% Crude Fat 15% Moisture 10% Ash 8% (estimated from industry standard)

100% - 25% - 15% - 8% = **42%** Carbohydrates

In this example, 42% of the food is unnecessary Carbohydrate *or 12.60 pounds of the contents of their 30pound bag is sugar!* (Want to know which food this is? You'll have to start doing the math yourself!)

# The Feeding Guidelines

Feeding Guidelines instruct the consumer on how much product should be offered to the animal. These are to be taken as rough estimates, a place to start. Breed, temperament, environment, and many other factors can influence food intake. As a matter of fact, the FDA states that "manufacturers attempt to cover almost all contingencies by setting the directions for the most demanding." In other words, manufacturers routinely "go high" on the Feeding Guidelines and, again according to the FDA, the consumer is "to offer the prescribed amount at first, and then to increase or cut back as needed to maintain body weight in adults or to achieve proper rate of gain in puppies and kittens."

Given this, Feeding Guidelines seem ambiguous - and they are! But, given the fact that they are based on achieving maintenance, even if they use the most demanding factors as rule, then it should be assumed that the greater the amount of food needed to achieve this end, the less digestible or bio-available the ingredients. In other words, pet foods recommending the smallest portions per feeding use ingredients that are generally more nutritive while those that recommend larger portions per feeding are less so.

# How DO You Tell if a Pet Food Company is Reliable?

It has already been shown that judging the merit of a pet food manufacturer is virtually impossible by viewing advertising, reading marketing brochures or the banners splashed across a pet food bag. It is equally frustrating to read the compliance labeling! Ultimately, a pet food can be no better than the competency and the principles of those producing it. Evaluating the manufacturers, therefore, becomes the most critical element in making pet feeding choices.

The following criteria will help in this evaluation:

**Pet Health Philosophy:** Does the pet health philosophy expressed by the company make sense, have scientific backing, and clearly put health as the number one priority? Or do they make mere claims designed to generate sales? When it doubt, ask for documentation, get the facts!

**Leader Credentials:** What are the credentials, experience and accomplishments of the people in charge? Who REALLY runs the company? Today, many pet food companies are run by venture capitalists, marketing people, or a board of directors (and even movie or TV stars!) that are, due to their function and experience, far removed from the sciences of animal health and nutrition and processing technology.

**Manufacturing Control:** Is the pet food company also the owner of the manufacturing facility and in close control of the formulations and manufacturing perimeters? It is often a surprise to consumers that there are many "contract manufacturers" in the pet food industry. Such manufacturers have file upon file of "ready-to-go" formulations that can be bought - and then marketed - by virtually anyone - with no thought to health or innovation or the findings or current scientific research in the field.

**Fads Over Facts:** Does the pet food company follow fads or does it lead using responsible, documented scientific findings in its formulations? One current fad is evidenced by the explosion of "grain-free" pet foods. While only approximately 8% of dogs and cats actually suffer a food allergy - most are allergic responses to an inhalant - you would be hard-pressed to find a manufacturer that hasn't jumped on the band

wagon and replaced the lower glycemic index grains with high starch (sugar) containing potato or tapioca - and touting them as "closer to nature," to boot!) Demand to see the science behind the food!

**The Fear Factor**: Does the pet food manufacturer use fear as a sales tool? Words like "non-allergic," "human grade," "contains NO *this, that* or *the other,*" are all used to induce fear. "If I don't use this, my dog will have allergies." "If it isn't human grade, it can't be good for my dog." "If I feed my pet *this*, it MUST be bad because this other company has chosen to eliminate it." Fear is no reason to buy a pet food, fact and scientific documentation is!

**Cosmetics over Pet Nutrition:** Many pet food manufacturers target cosmetics rather than real nutrition. Shapes, colors, and bright packaging with a roasted chicken on it address only one thing - you, the buyer! Stick with pet food manufacturers that put real emphasis on pet health and nutrition and not consumer buying habits!

**Education/Transparency:** The pet food arena swarms with misinformation. To be responsible, a pet food manufacturer must be willing to educate the consumer using current and documented science and technology. Demand that the information given not be about a specific product and give conclusions without substance but, rather, that the manufacturer has the ability to demonstrate, in detail and with true science, the why and wherefore of the formulations given current peer-reviewed data.

So, one question remains. How reliable is YOUR pet food company?

• Here is a short list of some popular pet foods and where they are made:(It is surprising to see how many pet food companies do not own their plants, isn't it?)

Back to Basics - Ainsworth Pet Nutrition Annamaet - Ohio Pet Foods Artemis Pet Foods - Diamond Pet Products, Pioneer Pet Foods Blue Buffalo - American Nutrition, CJ Foods, ProPet, Triple T Foods, Tuffy's Pet Foods Canidae Pet Foods - Diamond Canine Cavier - Southern Tier Pet Nutrition Chicken Soup - Diamond Taste of the Wild - Diamond Dogswell - Tuffy's Pet Food Lotus - Bio Biscuit Natura - Proctor and Gamble Natural Balance - American Nutrition, Berns Pet Food, Diamond Pet Foods, Vitaline Pet Foods Nature's Variety - Pied Piper Spring Naturals - CJ Foods GO! - Elmira Pet Products Pet Guard - CJ Foods Solid Gold - Crosswinds Industries, Diamond Verus - Ohio Pet Foods



# Why rescue?

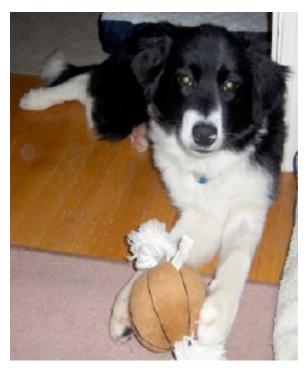
#### Ann & Pete Byrne

Rescuing a dog can be a reward in itself. Since we have been involved in dog rescue over the past ten years, we have fostered more than 25 border collies – what were the reasons the dogs needed rescue? In fact, the most common reasons a dog ends up with a rescue organization include the following:

- The owner selected the wrong breed of dog without doing proper breed research.
- The owners don't have time for the dog.
- The owners find that they can't afford either basic vet care or the expense involved in treating an illness or injury.
- The owner dies or goes into a nursing home.
- The owners' divorce and neither party can keep the dog.
- A young couple has a child and no longer has time for the dog, or the dog no longer fits into their "lifestyle."
- The owner is moving to an apartment building that doesn't allow dogs.

What's the advantage of adopting a rescue dog? A rescue dog isn't always cheaper than the breeder's (though it usually is). The main difference is this: your money equals a new life for a dog that completely lost out on his first roll of the dice!

How will a Rescue Dog differ from a breeder or pet store dog? Your new adoptee is likely to be: **Older**. Although rescues do get puppies on occasion, few dogs are rescued as puppies. Most are 'adolescent, ' but the vast majority are middle-aged. **Cautious**. Your adoptee may have a lot of fear and/or grief, to process. If he felt like a part of his former family, he may be grieving his sudden "ejection." He may need time and patience to take an interest in food, play, or his general surroundings. If he was starved or kept isolated, he'll need time and patience to learn to socialize. "**Readable**." Buying a puppy means taking a wild guess at the eventual adult. When you rescue a grown dog, you get a much better idea of his personality. It's easier to make the perfect match.



Those of us who volunteer in rescue all have at least one rescue dog, and we know what terrific pets they can be! Here are some reasons to consider a rescue dog, rather than buying a puppy, if you are ready to add a dog to your family.

Those of us who volunteer in rescue all have at least one rescue dog, and we know what terrific pets they can be! Here are some reasons to consider a rescue dog, rather than buying a puppy, if you are ready to add a dog to your family.

**You're not starting from scratch**. When you buy a puppy, you're essentially bringing an infant into your home...a completely untrained, unsocialized little critter who thinks the crate you bought for him is a jail (and who cries to get out...at 3 AM!), the newspaper you put down for him to squat on is a wonderful toy to be shredded, your new shoes are much tastier than

rawhide, and your best carpet is an excellent substitute for grass when nature calls! Because most rescue dogs spend time in foster homes before they are adopted, they come to you with at least *some* social skills and some degree of housebreaking!

*Training is easier*. Whatever additional training needs to be done with a rescue dog will be much easier than training a puppy. It's like the difference between training a one-year-old child and an eight-year-old. Dogs who have been around for a while just "get it" faster than puppies-especially housebreaking!

*The bond is strong*. Dogs who have not gotten off to the best possible start in life - who have been neglected or even abused - tend to be very loyal and affectionate. Remember that dogs are pack animals, and they take their treatment by the "pack" (their owners and families) very much to heart. A dog that has been neglected or abandoned once is usually eager to become part of a loving pack, where she feels safe and secure, and is likely to act accordingly. We find that rescue dogs are generally eager to please their new owners. Puppy mill rescues often want to be in your lap at all times and will follow you from room to room, just to be near you.

*Fewer vet fees*. Rescue dogs have had physical examinations, have been spayed or neutered, have been tested for heartworm, and are up to date on shots. When you buy a puppy, you pay for the dog AND for puppy shots, spaying or neutering, and any other basic medical expenses.

*What you see is what you get*. When you buy a puppy, you can never really be sure what type of *dog* you're going to get. All puppies are cute and playful, but their adult personalities aren't visible until they're about two years old. So you don't know whether you're getting a dog that wants to play all the time or a couch potato. When you rescue a dog, you know what the dog's personality is like and whether it fits with what you want in a dog companion. You also know, in advance, about any problem areas you will have to address.

*It teaches your children good values.* We live in an extremely materialistic society, in which TV teaches kids that everything can be bought, that they should get their parents to buy them everything, and that anything worth having costs a lot of money. Adopting a rescue dog for your family presents a wonderful opportunity to teach your children basic values of compassion and caring, and also about the value of second chances.

A special attribution is necessary to "*Almost Home Dachshund Rescue Society*" where the majority of this article was high-jacked from their website. *We couldn't have said it any better!* 

Hear our humble prayer, O God, for our friends the animals, especially for animals who are suffering; for any that are hunted or lost or deserted or frightened or hungry; for all that must be put to death. We entreat for them all Thy mercy and pity, and for those who deal with them we ask a heart of compassion and gentle hands and kindly words. Make us, ourselves, to be true friends to animals and so to share the blessings of the merciful. - Albert Schweitzer

#### Seasonal Health Tips

Although spring is around the corner (we hope!) there are still some winter issues to watch for. The biggest problems in winter are treated roads and sidewalks. Furry paws pick up salt as well as mud and road dirt and many ice melt products are toxic for dogs. The easiest way to prevent problems is to keep a bowl of water near the door and make a habit of dipping all paws as your dog comes into the house. Making a trick of it – let's wipe our feet! – Followed by a small treat or piece of kibble keeps the road salt off the paws, and mud off the floors. Handling the feet also makes it easier to keep nails trimmed and lets you check for cracked pads without a big fuss.

With spring gardening season around the corner we all start planning yard work. While I like to have four-footed help outside, some activities are not good for dogs. Many flowers are poisonous, even mildly, and when you plant bulbs, those nice round things you are playing with look like balls to our dogs. Some of the most common poisonous garden plants include Bleeding Heart, Iris, Lily-of-the Valley and Star of Bethlehem. For a more complete listing of common plants that are toxic, Cornell University has a website listing them at: <a href="http://www.ansci.cornell.edu/plants/dogs/index.html">http://www.ansci.cornell.edu/plants/dogs/index.html</a>

Last but not least, if you aren't on year-round flea, tick and heartworm prevention, start planning for the return of insects and stock up on your favorite brands!

Sue Barrett-Bullitt LVT



# The Art of Good Sportsmanship

By Nannette Newbury © 2004 AKC Breed Column

#### "Sports do not build character, they reveal it." Heywood Hale Broun

AKC Judge Dr. Harry Smith Jr. was once asked, "What things tend to irritate you when judging?" He responded, "It takes a lot to get me irritated in the ring when I am judging. When I do, it's usually because one of the exhibitors has been a poor sport. None of us are infallible. We do our best to render excellent judgments. When, in the eye of an exhibitor, we do not do what they think is correct, they must be a good sport about it, and go far away from the ring before they explode! Good sportsmanship is the strongest part of our dog show sport."

The principles of sportsmanship are integrity, fairness and respect; lifetime values that we generally learn as youngsters involved in athletic programs. One of reasons that sports are so encouraged for youngsters is the lifeline lessons and maturity that are developed through competition. Baseball great Mark Macquire once remarked, "If we don't teach our children

the art of good sportsmanship, then how can they effectively learn to manage disappointments in their lives?"

The overt signs of good sportsmanship are showing respect for yourself, your competitors, officials and judges. Good sportsmanship takes courage and maturity. It's not easy to admit someone else has worked harder than you or has more skills or a better dog than you. Dr. John F. Murray Ph.D. Clinical Psychology feels that, "there are several factors that cause people in competitive communities to display a lack of grace and poor sportsmanship. Immaturity, an obsession with winning and faulty expectations on the part of the competitor may all contribute to this bad behavior. Dr. John says, "Some people are primarily driven to satisfy ego needs by winning at all costs. They are motivated primarily by proving themselves superior to their opponent. This ego-centered perspective is far from ideal in terms of performance and may encourage cheating and other unsportsmanlike behavior. For example, when competing against a similarly skilled opponent, they are most threatened and may do anything to win."

Good sports are gracious and generous winners. They acknowledge a win without humiliating their competitors. They are humbly proud of their success and still find ways to compliment others in their class. When it comes to losing, people who are good sports immediately and willingly congratulate the winner. They accept the outcome of the class without complaint and without excuses. Most professional athletes rarely adopt a "win at any cost" attitude. More likely you will hear them profess their love of the sport and the personal satisfaction and enjoyment they derive from it. Good sports know how to play fair and have fun while doing it. Good sports lead by example.

Dr. John says, "Contrasted with the ego-centered (competitor) is the person who strives to improve – to raise their skills to the highest level possible – in short, to compete with oneself. T his is a much better approach to competition, because it challenges rather than threatens. There is much less fear of failure and when the competition heats up; these players are challenged even more to display higher skill. They have better long-term results and may have to carry much less baggage than the ego-driven (competitors) who develop a reputation of playing dirty. Rather than needing to own every opponent, these skill-focused competitors are driven to perform to their highest level possible. This keeps motivation high and encourages (positive) competitiveness regardless of the challenge." In fact, by focusing on ourselves, our dogs and our skills as handlers and competitors we may learn to appreciate the fine work of those that we are competing against. Self-observation will also enable us to nip any unsportsmanlike thoughts in the bud, before we express them. As Knute Rockne once proclaimed, "One man practicing good sportsmanship is far better than fifty other s preaching it!"

Dog Show Sportsmanship Checklist:

- Abide by the rules of the game
- Avoid arguments
- Give everyone a chance to compete fairly
- Always play fair
- Follow the directions of the judge
- Treat your competitors, officials and judges with respect
- Offer encouragement to all
- Accept the decision of the judge
- Win without gloating
- Lose without complaining
- Do not participate in Internet bashing

- Do not tolerate poor sportsmanship in yourself and others
- Exercise self-control and lead by example

It seems we may need reminders to maintain our awareness of the importance of preserving the basic human value of sportsmanship, lest sportsmanship become a lost rat. Unless we remind ourselves of the essentials of sportsmanship, they will generally fade, as have other values in our society.

• Brags and Wags:

Congrats to Breeder: Wendy Mount & Carolyn Vack on their Best of Breed win at Westminster KC with their Shetland Sheepdog, GCH SUNEBANK BROADWAY BOUND. She is owned by Marni Sharoff

Congrats to Breeder/Owner, Jennifer Lazowski on her Best of Breed win at Westminster KC with their *Rhodesian Ridgeback*, GCH WHIRLAWAYS IDA BELLE'S A RINGING

Congrats to owner, Bradley J. Frisbie, for his Best Puppy, Puppy Group 3 and reserve winners dog on his Norwich Terrier, Rabbit Ridge Single Malt Scotch Boardwalk KC, 2/2/13, and Winners Dog 2/3/13 at Boardwalk KC



Congrats to Breeder/Owner Mary Lisabeth Acker and co-owner Louise Johnson Acker, RECENT GROUP PLACEMENT -- Annapolis Kennel Club 1/20/2013 -- NON SPORTING GROUP 3 Under Mr. Wayne Harmon Intercontinental CH UKC/ MBIMS MRBIMS MBPIS AKC/ Group Placing GRCH CH MacIain Jameson Rarest Vintage "Jamee" Presented by: Margery Good Also Breeder Owner Exhibited One of Barry Brunner's pure white Siberians (Barynuk's Iorek Birmyson at IdeallyIce) arrived at his new home in Italy where he will be shown and loved by his new family who flew here in January to take him home. The litter, just born last September 2012 out of (GCH.Tovik's Pretty Fly For A White Guy x CH. Barynuk's Icebreaker) is very rare. Few times in the history of this breed have two pure white Champions produced a litter.



• Members: When you have dog articles that you want. To share with the membership please send them to one of the Editors and we will get them in for you.



# Hi Folks!

Our spring show, the Red Rose Classic, is rapidly approaching, and as the new Trophy chair for this special event, I am asking you to help me make it a truly spectacular show with your generous donation to our trophy fund.

We have at least 63 different breeds represented in our club; it would be nice to see each of them sponsored with a rosette and/or a distinctive trophy by our members.

Your \$10 donation will sponsor a rosette for any Best of Breed (first check in gets it!)

# Your \$20 donation will sponsor a rosette AND a trophy for Best of Breed

If you would like to donate a special item to your breed, please let me know by March 16, 2013, so that it can be listed in the catalog.

You may also choose to donate to the general trophy fund.

Your nam	e								
Breed									
Award	(circle one)	BOB	BOW	BOS	WD	WB			
Rosette	and/or Trophy do	General Fund \$							
How you want it listed (in memory of, dedicated to, donated by, etc)									

Please send your check (made payable to Lancaster Kennel Club) to:

Penny Sleeth, RRC, Trophy Chair 133 Kready Avenue Millersville, PA 17551

Thank you all so much for your generosity! It is most gratefully appreciated!

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